



# Banana Muffins

## Ingredients

- 2 bananas, peeled, mashed
- 3 cups self-raising flour
- 1 ¼ cups milk
- 1 egg, lightly beaten
- 90g slightly salted butter, melted
- ½ cup firmly-packed brown sugar
- 1 teaspoon Ground Cinnamon



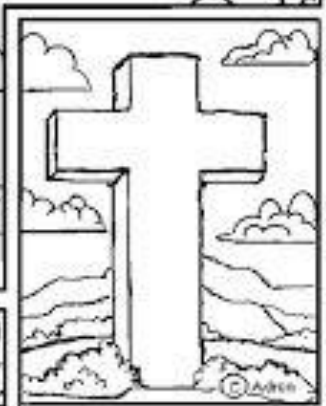
1. Preheat oven to 180°C. Lightly grease a 12-hole, ⅓-cup capacity non-stick muffin pan.
2. Sift flour into a large bowl. Add brown sugar and cinnamon and stir to combine. Make a well (hole) in the centre. Combine milk, egg and butter in a jug. Add mashed banana with the milk mixture. Pour milk mixture into the well. Using a large metal spoon, stir until just combined (don't over-mix).
3. Spoon mixture into muffin holes until three-quarters full. Bake for 20 minutes or until a skewer inserted into the centre comes out clean. Allow to cool in pan for 1 minute. Turn out on to a wire rack to cool.
4. Enjoy with friends and family.

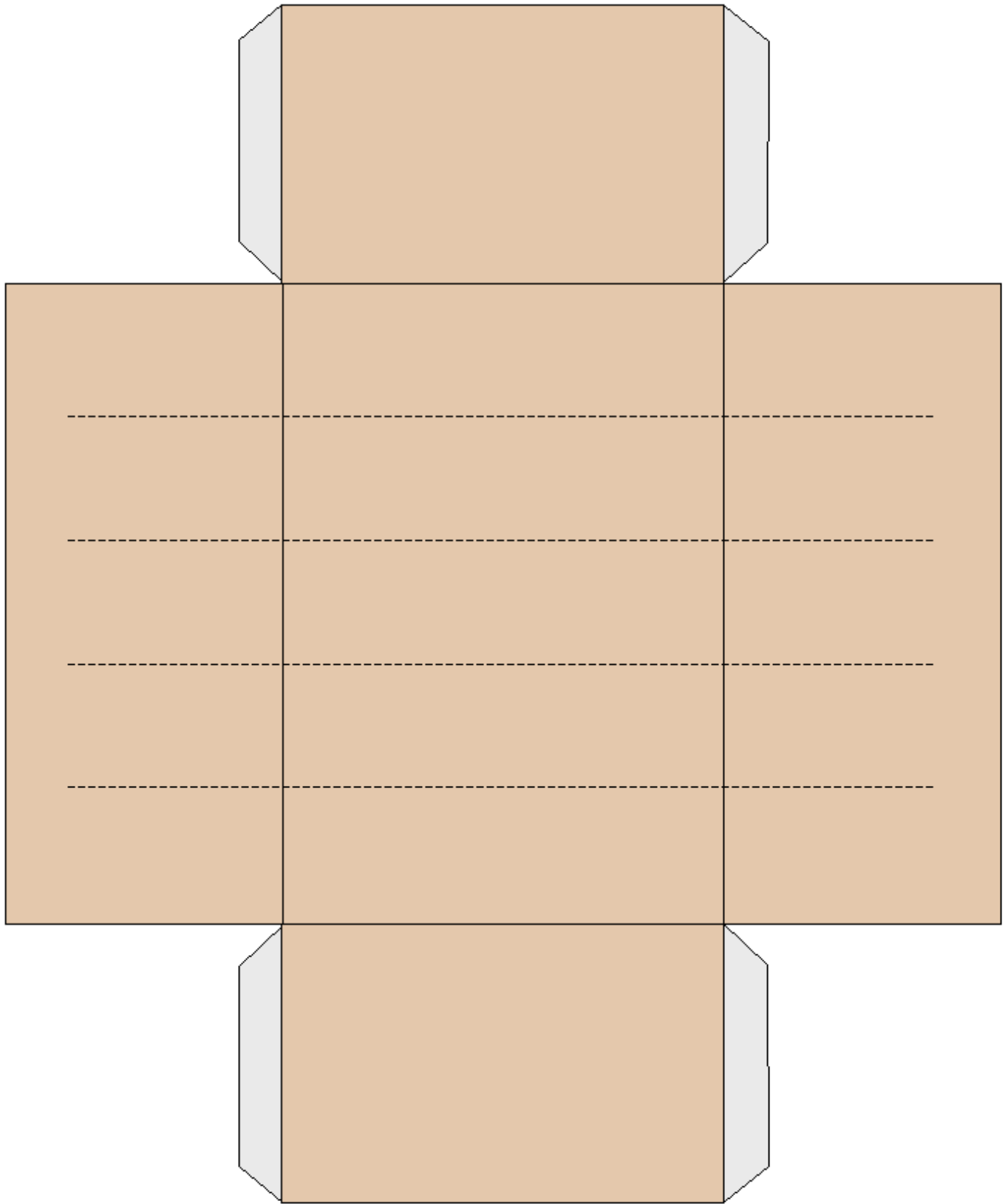




For he has  
rescued us from  
the dominion of  
darkness and  
brought us into  
the kingdom of  
the Son he loves  
in whom we  
have redemption,  
the forgiveness  
of sins.

Colossians 1:13-14







# Bible Pathway Adventures

WORD SEARCH

## MOSES IN THE BULRUSHES

H O D M R E F K N Z P G Y H K M C N B L  
H J Z V D Y N U B J Y T P B X Y H J X E  
M N M L T F V S I M P F R R P D E P L V  
V Q O L M A V C S X R X I I A E B S K I  
C R J C I F O J R T Y E N Q P X R X V D  
B C P N R S J E A J O G C U Y O E K Y T  
U K N A I K W M E W K Y E R R D W X I B  
L P M X A X O Z L N K P S M U U N D M F  
R B G Z M I L W I X P T S Y S S O J P U  
U K C L C R S C T A A G O J P A P F D X  
S F W H B A S K E T A B O R V U P Z R O  
H T O Q Y B O X C V J F R N X Z C X I W  
E U W N H J S B L N L V O T O R A H X P  
S Y D C U G N I E Y F C G I K T Z N Y M  
O Y X W L P H A R A O H B Q X L O P O P  
B M U T G R I V E R B A N K B Y M I Q L  
E D E L F C A N A A N J I I L D G A Z Z  
U F U N I L E R I V E R G J D R E M C C  
B K M H U Q A M V K H C Y A H W E H Z M  
B O Y J C M O S E S D L B J D T D F L V

MIRIAM  
HEBREW  
BULRUSHES  
EGYPT  
RIVERBANK  
EXODUS

PAPYRUS  
TORAH  
PHARAOH  
NILE RIVER  
BASKET  
ISRAELITE

YAHWEH  
CANAAN  
LEVI  
PRINCESS  
BOY  
MOSES

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Storyboarding: draw what happened  
*Miriam and Moses*  
*Exodus 2:1-10*

1. Miriam's Mum makes a basket	2. The basket floats in the river
3. Pharaoh's daughter sees it	4. Miriam brings her Mum to Moses

### What's the story?

Complete the sentence by circling the most appropriate word.

Moses was an Israelite who was born in Egypt when God's people were **slaves/angry/bossed around a lot**.  
To protect her baby, Moses' **Dad/Mum/Sister** made a **box/basket/floaty thing** and put him in.  
She went to the river **Ganges/Nile/Yarra** and floated the basket on the water.  
The Egyptian king was called a **Pharaoh/Caesar/great big powerful bloke**. His daughter was bathing at the  
edge of the **reeds/swamp/water** when she saw the basket.  
She asked some of her servants to go and get it. Inside was a **baby/infant/Moses!**  
Pharaoh's daughter was probably very **surprised/bamboozled/flabbergasted**.  
Moses' sister Miriam had been watching to make sure her brother was **washed/growing/OK**. Miriam was  
very **tall/determined/brave** and spoke to Pharaoh's daughter.  
She asked if she should get someone to look after the child. Of course, she actually fetched her own mother.  
So Moses got to spend extra time with his **parents/family/pets** because his sister had looked out for him.  
**Months/years/decades** later, God used Moses to rescue his people from slavery.